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Jeffrey S. Clopper Rabbi

## מי שבירך - Blessing for Healing version by Debbie Friedman (z"l) & Drorah Setel

Barton A. Shallat, D Rabbi Emeritus When a loved one is ill and in need of healing,
like Moses did for his sister Miriam, we raise our voice to God
asking for strength, comfort and to be healed.
In place of traditional words, some will use this setting
with words and music composed by Debbie Friedman (z"l)

Deborah L. Zeitlen Cantor Mi shebeirach avoteinu, m'kor habracha l'imoteinu May the Source of strength, Who blessed the ones before us Help us find the courage, to make our lives a blessing And let us say: amen.

Sandra Sherry Cantor Emerita Mi shebeirach imoteinu, m'kor habracha lavoteinu Bless those in need of healing with r'fu-ah shleimah The renewal of body, the renewal of spirit And let us say: amen.

Diane E. Berg, R.J.E. Director of Education

Marcia Schwalb President



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## בירך - Blessing for Healing traditional

When a loved one is ill and in need of healing, like Moses did for his sister Miriam, we raise our voice to God asking for strength, comfort and to be healed.

Barton A. Shallat, D.D Rabbi Emeritus

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ָמִי שֶׁבֵּרַךְ אֲבוֹתֵינוּ אַבְרָהָם יִצְחָק וְיַצְקֹב, וְאִמּוֹתֵינוּ שָּׂרָה, רִבְקָה, רָחֵל וְלֵאָה, הוּא יְבָרֵךְ וִיְרַפֵּא אֶת־הַחוֹלֶה בֶּן/בַּת

הַקְּרוֹשׁ בָּרוּךְ הוּא יִפְּלֵא רַחֲמִים עָלָיו/עָלֶהָ, לְהַחֲלִימוֹ/לְהַחֲלִימְהּ, וּלְרַפֹּאתוֹ/וּלְרַפּאתָהּ, וּלְהַחֲזִיקוֹ/וּלְהַחֲזִיקוֹ/וּלְהַחֲזִיקוֹ/וּלְהַחֲזִיקוֹ/וּלְהַחֲזִיקוֹ, וּלְהַחֲזִילְהּ, וְפוּאַת הַנֶּפֶשׁ, וּרְפוּאַת וְיִשְׁלֵח לוֹ/לָה בִּמְהֵרָה רְפוּאָה שְׁלֵמְה, רְפוּאַת הַנֶּפֶשׁ, וּרְפוּאַת הַנִּישְׁלָח לוֹ/לָה בִּמְהַרָה רְפוּאָה הַשְּׁלְמָה, בְּפוּאַת הַנָּפֶשׁ, וּרְפוּאַת הַגּוּף, בְּתוֹך שְּאָר חוֹלֵי יִשְּׂרָאֵל הַשְּׁתְּא בַּעְגָלְא וּבִּזְמֵן קְרִיב, וְנֹאמֵר: אָמֵן.

Mi shebeirach avoteinu Avraham, Yitzchak, v'Ya-akov, v'imoteinu Sarah, Rivkah, Racheil, v'Lei-ah, hu yivareich viy'rapei et hacholeh (name of one who is ill) Hakadosh Baruch Hu yimalei rachamim

male: alav, l'hachalimo, ul'rapoto, ul'hachaziko, ul'hachayoto. Vayishlach lo female: aleha, l'hachalimah, ul'rapotah, ul'hachazikah, ul'hachayotah.

Vayishlach lah

bimheirah r'fu-ah sh'leimah, r'fu-at hanefesh, ur'fu-at haguf, b'toch sh'ar cholei Yisra-eil hashta ba-agala uvizman kariv, v'nomar: Amein.

May the One Who blessed our Fathers: Abraham, Isaac, and Jacob, and our Mothers: Sarah, Rebekkah, Rachel and Leah, bless (name).

Blessed be God, May God be filled with marcy and graciously restore him/her to health and strength.

Grant him/her a complete healing, along with all others who are stricken.

May healing come speedily, and let us say: Amen.

Marcia Schwalb President